



Junior Redskins Cheerleaders Uniform Package Sizing Guide

One Piece Uniform: Youth Sizes Available :4, 6, 8, 10, 12, 14, 16 Adult Sizes Available: S, M, L, XL, XXL.
Recommended to size by the girth measurement (leotard size) and size up one size.

Sizing to meet your needs

The Line Up takes pride in offering a wide range of sizes in addition to custom fit services for the person with special fit needs.

All of our styles are available in both child and adult sizes! Custom sizes such as plus sizes or long cuts are also available!

Measuring (how to measure)

First step is to measure each person on your team. Record each measurement by person on a spreadsheet, which you can download on our website at http://www.thelineup.net/custom_sizing.html.

For a video on how to measure with step by step instructions, visit our You Tube channel at www.youtube.com/users/thelineupTLU

1. Bust — Stand with arms down and measure around the torso at the fullest part of back and bust.
2. Waist — Measure around the narrowest part of natural waistline.
3. Hips — With feet together measure the fullest part of your hips.
4. Torso Girth — Place tape measure starting at center of shoulder down the torso, through legs, up the back, meeting the tape measure at the shoulder. This is one of the most important measurements for determining leotard, unitard and biketard size.



CHILDRENS

	4	6	8	10	12	14	16
Bust/Chest	21-22	23-24	25-26	27-29	29-30	30-32	32-33
Waist	19-20	21-22	22-23	23-24	25-26	26-27	28-31
Hips	22-24	25-26	27-28	29-30	30-31	32-33	34-36
Torso Girth	38-41	41-42	42-46	47-48	49-50	52-53	54-55

WOMENS

	XXS	XS	SM	MED	LRG	XL	XXL
Bust/Chest	31	32	33	35	36	38	40
Waist	23-24	24-25	25-26	26-27	28-30	31-32	33-34
Hips	31-32	33-34	35-36	36-37	38-39	40-41	43-45
Torso Girth	52-53	54-55	56-57	58-59	60-61	62-63	64-65

Boots: Whole Sizes Only. We recommend you size up one size.

Girls Sizes Available: 8,10, 11, 12, 1, 2, and 3

Women Sizes Available: 4 to 12

Warm- Up: True to size. Please size up if you anticipate your cheerleader to grow within the season.

Girls Sizes Available: YS, YM, YL, YXL

Women Sizes Available: S, M, L, XL, XXL